



Faculty profile:

Name: Dr. P. SAVITHA

Qualification: M.Sc., M.Phil., PhD., UGC-SLET

Designation: Assistant Professor

Years of Experience: UG: 2 months PG: -

Previous Experience: UG: 10 years PG: 10 years

Area of Specialization: Food Service Management, Dietetics & Gestational Diabetes mellitus

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MEMBERSHIP

S. No.	Details	State/National/International
1.	Indian Dietetic Association (IDA)	National
2.	Nutrition Society of India (NSI)	National
3.	Home science Association of India (HSAI)	National
4.	*Association of Food Scientists & Technologists India (AFSTI)	National
5.	Universal Society of Food & Nutrition (USFN)	International
6.	Diabetes in Pregnancy Study Group India (DIPSI)	National
7.	Network of Professionals of Food & Nutrition (NetProFan)	National
8.	The Indian Society for Parenteral & Enteral Nutrition (ispen)	National

***Secretary- Association of Food Scientists & Technologists India (AFSTI) Chennai chapter**

WORKSHOPS

S.no.	Organized by	State/National/International	Topic	Date(s)
1	Bharathidasan Government College for Women & Women's Polytechnic College, Puducherry	National	Issues & Concerns during Covid	20/05/2020 to 22/05/2020

2	MOP Vaishnav College for Women, Chennai	National Level Education Administrators Conclave	Indian Institutions in the Global Top 200-The way forward	23/01/2020
3	Dr.Mohan's International Diabetes Update 2019	International	Diabetes & Importance of Lifestyle Modification	28/07/2019
4	Tamil Nādu Medical Council	National	Diabetes & Pregnancy Maternal Nutrition Workshop	02/08/2019
5	Tamil Nadu State Council of Educational Research &	State	SCERT-Workshop ON Textbook writing for Food	08/2018 to 12/2018

	Training, Chennai		Service Management Std XII	
6	Dr.Mohan's International Diabetes Update 2016	International	Lifestyle & Diabetes	31/07/2016

CONFERENCES ATTENDED / PRESENTED PAPER

S.no.	Organized by	State/National /International	Participated / Presented	Title	Date(s)
1	American College Madurai	International	Participated	Immune Boosting Diet for Covid 19	21/05/2020
2	Avinashilingam University Coimbatore	National	Presented	33 rd Biennial Conference of Home Science Association of India (HSAI)- Trends for Futuristic Development in Home Science: Research & Innovation	22/01/2020 to 24/01/2020

3	Institute for Food Security & Sustainable Agriculture (IFSSA) Kuala Lumpur, Malaysia & Bioleagues Worldwide	International	Presented	2 nd International Conference 7 Expo on Food & Nutrition, Kuala Lumpur Malaysia	07/11/2019 to 08/11/2019
4	Department of Food Service Management & Dietetics Avinashilingam University Coimbatore	National	Presented	DST-CURIE National Conference on Technology in Telehealth Care & Dietetics	27/09/2019
4	Diabetes In Women Worldwide Awareness Advocacy Action Strategies (DIWWAAS)	International	Participated	International Conference on Diabetes & Pregnancy	03/08/2019 to 05/08/2019
5	Association of Food Scientists & Technologists India (AFSTI)CSIR CFTRI Mysore	International	Participated	8 th International Food Convention IFCON 2018- HASHTAG	12/12/2018 to 15/12/2018
6	Association of Food Scientists & Technologists India	National	Presented	26 th Indian Convention of Food Scientists &	07/12/2017 to 09/12/2017

	(AFSTI)CSIR-II CT Hyderabad			Technologists ICFOST 2017	
7	Nutrition Society of India (NSI) held at St. John's Research Institute, Bangalore	National	Presented	Young Scientists Award Session in Community Nutrition-48 th National Conference -Nutrition Risk	04/11/2016 to 05/11/2016

				Management & Communication	
8	*Indian Dietetic Association (IDA)& TBAK College for Women, Kilakarai	International	Presented	First International Conference on Food, Nutrition & Health (ICFNH 2016)” Food & Health for Everybody, Everywhere”	07/06/2016 to 08/06/2016

**Best paper award*

SEMINARS/PANEL DISCUSSION

S.no.	Organized by	State/ national/international	Topic	Date(s)
1	Nutrition Society of India (NSI) Chennai chapter	National	Addressing Inequity Implications of the Global Nutrition Report 2020 for India	30/09/2020
2	Department of Food Service Management & Dietetics Avinashilingam University, Coimbatore	National-Presented	UGC Sponsored National Seminar on Pulses-the Pulse of Life	01/03/2017
3	IQAC of MOP Vaishnav College for Women, Chennai	National	Role of Autonomy & Quality Assurance in Higher Education	22/01/2018 to 23/01/2018

JOURNAL PUBLICATIONS/BOOKS PUBLISHED

S.No	JOURNAL NAME	UGC /SCI/SCIE /WOS	ISBN / ISSN NUMBER	REFERENCE	DATE OF PUBLICATION/DOI
1	Indian Journal of Medical	ICMR DOAJ, Index Medicus for	ISSN 0971-5916	Malavika M, Shobana S, Savitha R,	10.4103/ijmr.IJMR_2309_18. PMID: 33380705; PMCID:

	Research IJMR				PMC8061600.
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		South-East Asia Region, Indian Science Abstracts, IndMed, MEDLINE/Index Medicus, PubMed Central, Scimago Journal Ranking, SCOPUS, Science Citation Index Expanded, Web of Science		Unnikrishnan R, Anjana RM, Malleshi NG, Krishnaswamy K, Henry CJ, Mohan V, Sudha V. Assessment of quality of minor millets available in the south Indian market & glycaemic index of cooked unpolished little & foxtail millet. Indian J Med Res. 2020 Oct;152(4):401-409.	
2	Proceedings 33 rd Biennial Conference of HSAI-Trends for Futuristic Development in Home Science Research and Innovation Customised and Personalized Dietetics		978-9385604-15-7	Development and analysis of nutrient dense snack products using <i>Cissus quadrangularis</i>	January 2020

3	Proceedings 2 nd International Conference and Expo on Food & Nutrition 07- 08 November 2019 Kualalump ur, Malaysia		978-93- 89107- 52- 4	Medical Nutrition Therapy in Gestational Diabetes Mellitus	November 2019
4	Proceedings National Conference on “Technology in Telehealth		978-81- 940137 -6- 1	Development of Postpartum follow-up module to combat	September 2019

	Care and Dietetics”			constraints in postpartum screening in gestational diabetes	
5	Eastern Journal of Medical Science	ICMR Index Copernicus, Journal Guide, Research Bible, World Cat, Sherpa Romeo, Google Scholar	e-ISSN 2456- 2785	Efficacy of interactive communicati on system in the management of gestational diabetes	September 2019
6	Proceedings Internation al Seminar on Pulses-The pulse of Life		978- 9384234 - 92-8	Adequacy of Pulse consumption and protein quality among Gestational Diabetes mellitus	March 2017

				mothers	
7	Proceedings National Seminar on Nutritional Management in Metabolic Syndrome		978-81-933316-2-0	Impact of Nutrition Intervention in the Management of Gestational Diabetes mellitus	February 2017

Books

1	Higher Secondary class XII-Food Service Management Theory & Practical	Department of School Education, SCERT, Government of Tamil Nadu		Food Service Management	2019
2	Book "Contemporary topics in Gestational Diabetes mellitus" with Navneet Magon and Veerasamy Seshiah	Textbook for Medical students		27, Authored a chapter "Medical Nutrition Therapy in Gestational Diabetes mellitus" (chapter 8)	December 2014

FDP/STTP

S.no.	Organized by	State/National/International	Topic	Date(s)
1	UGC STRIDE & Avinashilingam University, Coimbatore	National Online Training Program	Environmental Sustainability & Research Ethics	03/02/2021 to 11/02/2021
2	FSSAI, CHIFSS & Consumer Voice	National Online Training	Best Practices for consumers during Covid 19 on Health, protection & Food Safety	14/05/2020

3	MOP Vaishnav College for Women, Chennai	Online Faculty Development Program	Impact of Covid-19 & management of personal finances through this period	09/05/2020
4	Classle Skillnet	Training Program on Virtual Classes	Certified Virtual Classroom Teacher	01/02/2020 to 12/05/2020

WEBINARS [National/International]

S.no.	Organized by	State/National /International	Topic	Date(s)
1	Avinashilingam University, Coimbatore	National	Nutritional Care Process for Lifestyle Diseases	27/11/2021
2	Department of Home Science	International	Gut Brain Connection: Secret Revealed	02/10/2021
3	Association of Food Scientists & Technologists India AFSTI & TANUVAS Chennai	International	Herbal Biomolecules: Novel Food Technologies in the wake of Corona pandemic	27/08/2021 to 28/08/2021
4	Association of Food Scientists & Technologists India AFSTI with FSSAI	National	RUCO-Repurpose Used Cooking Oil	12/09/2020
5	Health Foods & Dietary Supplements Association HADSA	National	Nutraceuticals: Building consumer confidence with scientific reasoning & evidence	30/09/2020
6	Nutrition Society of India (NSI) Chennai	National	Management of Breast-feeding issues in a Covid positive mother	28/07/2020
7	Community Science College & Research Institute, Tamil	International	Public Health Epidemiology Strategy for Health & Nutrition	21/07/2020

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	Agricultural University, Madurai			
8	Department of Food Service Management & Dietetics, Avinashilingam University, Coimbatore	National	Diet, Epigenetics & Cognitive Performances	14/07/2020
9	Department of Food Service Management & Dietetics, Avinashilingam University, Coimbatore	International	Metabolomics: A novel research tool to examine mechanism underlying diet disease association	09/07/2020
10	Department of Food Science, BMN College of Home Science	National	G-R-O-W- Goals Reality Opportunity and the way forward with Nutrition and Dietetics	03/07/2020
11	Department of Food Service Management & Dietetics, Avinashilingam University, Coimbatore	International	Priming our Immune System for Vital Health	25/06/2020
12	Consumer Club and Department of Clinical Nutrition & Dietetics, PSG College of Arts & Science, Coimbatore	National	Food Safety Framework from Consumers Perspective	23/06/2020
13	Department of Nutrition & Dietetics, B. Voc Food Processing, SRC College, Trichy	International	Nutritional Genomics	13/06/2020

14	Department of Food Science & Nutrition, Avinashilingam University, Coimbatore	National	Lifestyle & Immunity during Covid – 19	12/06/2020
15	Nandha Siddha Medical College & Hospital, Erode	National	Integrated Medicine for Next Gen: Siddha's Perspective	19/06/2020

16	Research Cell, Department of Food Processing, Padamashree Institute of Management Sciences	National	Food Adulteration and Labelling	11/06/2020
17	Bharathidasan Govt. College for Women, Pondicherry	National	A confluence of Researching Minds – 2020: Plagiarism tools and Mendeley Reference Management System	29/05/2020
18	Department of Sociology and CSIM, MOP Vaishnav College for Women, Chennai	National	Maximising Motivation during Covid crisis period	27/05/2020
19	School of Food Science, MOP Vaishnav College for Women, Chennai	National	Post Covid-19: Challenges & Opportunities for the Indian Food Industry	25/05/2020
20	St, Teresa's College, Ernakulam	National	Covid-19: Food Safety Implications	23/05/2020
21	Association of Food Scientists & Technologists	National	Role of dietary spices in human health & wellness	16/05/2020

	India AFSTI			
22	College of Food Technology, Parbhani & Farm to Fork	National	Future of Food Technology- Post Covid 19	17/05/2020
23	Department of B.Voc, Food Processing & Quality Control, Stella Maris College, Chennai	National	Food, Nutrition & hygiene-keys to proactive health	14/05/2020
24	Nehru Arts & Science College, Coimbatore	International	Nutrigenomics & Personalised Nutrition	13/05/2020
25	Association of Food Scientists & Technologists India AFSTI	National	Potential & Diverse applications of atmospheric cold plasma for inactivation & mitigation of Corona virus	01/05/2020

OTHERS:

1. Subject Expert:

Content expert to write textbook for Class XII for the subject “Food Service Management” by State Council of Educational Research and Training (SCERT) Government of Tamil Nadu 2018-19 (for the revised curriculum of Std XII State board).

2. MHRD-MOOC’s Digital Learning-Regional Translator

Regional Translator (Tamil) for MHRD MOOC’s Digital Learning in association with EMRC Pondicherry for the subject Food Science & Nutrition-July 2021.

3. Organising Committee Member (Technical Session)

Technical Committee Member in the 2nd International Conference and Expo on Food & Nutrition held on 07-08th November 2019 at Kuala Lumpur, Malaysia.

4. Session Chair

Session Chair at the 2nd International Conference and Expo on Food & Nutrition held on 07-08th November 2019 at Kuala Lumpur, Malaysia.

Co-Chairman of Technical Session on “Non-thermal Food Processing” at the International Conference on Recent Advances in Food Processing Technology (Icraft’ 18) at IIFPT, Thanjavur from 17th -19th August 2018

5. Reviewer of Manuscript for International Journal

Reviewed the manuscript titled “Creativity Engineering Marketing Strategy of Traditional

‘Betawi Ora’ Food in Bekasi. West Java for Bioleagues Worldwide

6. Organizer for Events:

- National Seminar-Innamudhu January 2017 MOP Vaishnav College, Chennai • National Seminar on Food Safety, July 2018, Anna University, Chennai • Food Business Initiative Workshop September 2018, MOP Vaishnav College, Chennai
- International Conference-ITAF 2019, August 5th & 6th 2019, MOP Vaishnav College
- Youth Health Mela in association with University of Madras & Cancer Institute, Adyar, Chennai
- Participated actively on behalf of AFSTI Chennai in Swasth Barath Yatra-October 2018- January 2019
- Organising Committee Member for NetProFan stall at Eat Right Mela in association with FSSAI & Tamil Nadu Food Safety Department at Island Grounds, Chennai, September 13th -15th 2019 as part of Eat Right India Movement.
- **Convenor-** International webinar on Herbal Biomolecules: Novel Food Technologies in the wake of Corona pandemic organised by AFSTI Chennai chapter & TANUVAS Chennai sponsored by FSSAI on 27th & 28th August 2020
- Webinar on RUCO-Repurpose Used Cooking Oil organised by AFSTI Chennai-an initiative of FSSAI on 12th September 2020.

7. Resource Person:

- Invited to series talk on the title- “Ilaignargal Udal Nala Membattu Sindanaigal”- Obesity, healthy diet, yoga, pranayama, exercise, stress, sleeping habits, substance abuse and kodai kaala aalosanaigal by All India Radio (AIR)Chennai Bunder the program ILAYABHARATHAM broadcasted from 03.03.2017 to 28.04.2017
- Resource Person to speak on “Recommended Dietary Allowances of Nutrients and Foods” at ‘Nutrition Education Program” NOURISHDERM 2018 at Sri Ramachandra Medical College & Research Institute (University), Porur, Chennai on 12th January 2018
- Invited as one of the key Panelist in Diabetes in Women Worldwide Awareness Advocacy Action strategies (DIWAAAS), a multi-stakeholder International workshop at Hotel Taj Coramandel, Nungambakkam, Chennai from 13th -15th July 2018
- Invited as Induction facilitator at the NetProFan Workshop as part of Eat Right India initiative by FSSAI and World Bank Group on September 14th 2019 at Noble Hospital, Chennai to present on DART-Detect Adulteration with Rapid Test by FSSAI as Secretary of AFSTI Chennai
- Attended the World Bank’s “Lighthouse India”-Knowledge Sharing Event on 26th September 2019 at Vivanta Goa, organized by FSSAI as part of Eat Right India Movement representing academia and AFST Chennai
- Appointed as Judge for poster presentation at the DST-CURIE National Seminar on Technology in Telehealth Care & Dietetics on 27th September 2019 at Avinashilingam University, Coimbatore.
- Speaker at World Food Day Celebration at Department of Food Process Engineering, SRM University, Chennai in association with AFSTI Chennai Chapter on 16th October 2019 for the theme “Healthy Diet through Zero Hunger” and judge for New Product Development event
- Speaker at Scientific session at Dr.Gopalan Condolence Meeting conducted jointly by

IDA/NSI and ISPEN Chennai Chapter on 18th October 2019 at Noble Hospital, Chennai on the topic “ Food Fortification Journey-Fighting Malnutrition, Improving Lives”.

- Speaker at Dietetics Day Celebration conducted by Faculty of Allied Health Sciences Department of Clinical Nutrition & Department of Mind Body Lifestyle Sciences on 10th January 2020 at Sri Ramachandra Medical University, Porur, on the topic ‘Eat Right Campus-Compliance’
- Speaker at WORLD FOOD DAY Celebrations Webinar conducted by NETPROFAN CHENNAI & IDA Chennai Chapter on October 17 2020 on the topic “OUR ACTIONS ARE OUR FUTURE”- ‘Sustainable, Resilient & Stronger Food Systems for healthy growth & Well-being’.
- Expert Speaker at the Webinar on “FOOD ADULTERATION- CONSUMER AWARENESS & MITIGATION STRATEGIES” conducted by Universal Society of Food & Nutrition & BIOLEAGUES WORLDWIDE on 18th November 2020.