

DEPARTMENT OF CLINICAL NUTRITION AND DIETETICS (SS)

DEPARTMENT ACTIVITIES:

S. No	Date of the Event	Title of the Workshop/ Seminar/ Webinar/ FDP	Category	Name of Expert (s) invited along with name of the institution(s)
1	05/08/2016	Workshop: Baking skills and techniques	Regional	Ms. Mridula Ganesan, Founder, Hew and Frost, Chennai
2	05/09/2016	Guest Lecture: Healthy Eating	Regional	Ms. Misbah Ameen Khan, Registered Dietitian, United Kingdom, British Dietetic Association
3	05/03/2018	Dr. Mrs. Kausalya Moorthy and Justice M.N. Moorthy Endowment Lecture: Reproductive Health	State	Dr. Sandhya Vasan, Consultant Obstetrician and Gynaecologist, SIMS Hospital
4	09/03/2020	Seminar: Mental Health	Regional	Dr. R. Subhashini, Dean, Madras School of Social work, Chennai
5	25/02/2021	Guest Lecture: Basic Catering	State	Dr. V. Pasupathy, Lead expert and Scientist, FSSAI (Food Safety and Standards Authority of India), Founder and Motivator-PARIKSHAN
6	27/03/2021	Dr. Mrs. Kausalya Moorthy and Justice M.N. Moorthy Endowment Lecture: What is New in Covid 19?	State	Dr N. Kumarasamy, Chief & Director of VHS Infectious Diseases Medical Centre, Chennai

DEPARTMENT EXTENSION ACTIVITIES:

S. No	Date /Year	Title of the Extension Activity	Institution / Place
1	2016-2017	Innovative Food Product Development: Greens and Herbs Delight – Healthy Snack recipes with greens and herbs	II M.Sc Food and Nutrition, Ethiraj College for Women, Chennai
2	28/12/2016	Assessment of Nutritional Status of Pregnant Women and Senior Citizens at Community Level	SOS Village, East Tambaram, Chennai
3	19/02/2017	Nutrition education program for Women aged 30-60 years in SOS Village (East Tambaram)	SOS Village, East Tambaram, Chennai
4	19/02/2017	Booklet Distribution: "Pengalukana sathana matrum suvaiana unavu vagaikal"	SOS Village, East Tambaram, Chennai
5	2017-2018	Innovative Food Product Development: Preserves and Breakfast Bars- Recipes with nutrients and natural preservatives	II M.Sc Food and Nutrition, Ethiraj College for Women, Chennai
6	16/02/2018	Nutritional awareness camp on the topic Women's Health Issues	Nemilicherry – Ethiraj College Adopted Village
7	2018-2019	Innovative Food Product Development: Health Fest – Instant food products using horse gram	II M.Sc Food and Nutrition, Ethiraj College for Women, Chennai
8	2019-2020	Innovative Food Product Development: Grandma's Twist – Traditional recipes were modified to easy and quick to prepare healthy nutritious instant mixes using millets and herbs.	II M.Sc Food and Nutrition, Ethiraj College for Women, Chennai
9	13/09/2019 To 15/09/2019	Madarasapattinam Unavu Thiruvizha (Food Festival) - Exhibition	Island Grounds, Chennai
10	08/01/2020	Assessment of nutritional status of 100 girl students aged 13- 16years	Government Higher Secondary School, Padiyanallur, Chennai
11	10/01/2020	Nutritional Awareness Programme was conducted to 100 girl students aged 13- 16years	Government Higher Secondary School, Padiyanallur, Chennai.

12	19/02/2020	Nutrition Education Programme for 6th and 7th standard students	Rashtriya Madhyamik Shiksha Abhiyan – Thiruvallur District Government High School, Nemilichery
13	2020-2021	Innovative Food Product Development: Immune Boosters – Immune Boosting recipes to combat Covid '19	II M.Sc Food and Nutrition, Ethiraj College for Women, Chennai
14	26/03/2021	Virtual Nutritional awareness Programme on health issues among adolescent girls.	Google Meet, Ethiraj college for Women, Chennai
15	2021-2022	Innovative Food Product Development: Down Home Elements - Nutrition dense innovative recipes with traditional ingredients	II M.Sc Food and Nutrition, Ethiraj College for Women, Chennai

SPORTS:

S. No	Name of the student	Event	State/ National/ International	Place (I/II/III) (Winner/ Runner)	Year
1	K. Raghavi	Throwball Intercollegiate Tournament	National	Winners	2016-2017
2	Varshini	Hockey Intercollegiate Tournament	National	Winners	2016-2017
3	K. Raghavi	Throwball PEGASUS CMC, Vellore	National	Runners	2017-2018
4	Hepzibha M	Throwball PEGASUS CMC, Vellore	National	Runners	2017-2018
5	K. Raghavi	Throwball Alpha College	State	Runners	2017-2018
6	Hepzibha M	Throwball Alpha College	State	Runners	2017-2018
7	K. Raghavi	Throwball YMCA Buck Memorial	State	Runners	2017-2018
8	Hepzibha M	Throwball YMCA Buck Memorial	State	Runners	2017-2018
9	K. Raghavi	Throwball WCC, Chennai	State	Runners	2017-2018
10	Hepzibha M	Throwball WCC, Chennai	State	Runners	2017-2018
11	K. Raghavi	Throwball KRMMC, Adyar	State	Winners	2017-2018
12	Hepzibha M	Throwball KRMMC, Adyar	State	Winners	2017-2018
13	Hepzibha M	Throwball PEGASUS CMC	National	Winners	2018-2019
14	Hepzibha M	Throwball JBAS, Chennai	State	Winners	2018-2019
15	Hepzibha M	Throwball Chellammal College,	State	Winners	2018-2019
16	Hepzibha M	Throwball ESPO, Ethiraj College for Women, Chennai	State	Winners	2018-2019
17	Hepzibha M	Throwball VIT College	International	Winners	2018-2019

18	Hepzibha M	Throwball VIT College	National	Winners	2018-2019
19	Suruthipriyatharani A	100m Running Fresher's Meet	Regional	I	2019-2020

		Ethiraj College for Women, Chennai			
20	Suruthipriyatharani A	200m Running, Fresher's Meet, Ethiraj College for Women, Chennai		II	2019-2020
21	Hepzibha M	Throwball, WCC, Chennai	State	Runners	2019-2020
22	Hepzibha M	Throwball, PEGASUS-CMC, Vellore	National	Runners	2019-2020
23	Hepzibha M	Throwball, JBAS, Chennai	State	III	2019-2020

CO-CURRICULAR/EXTRACURRICULAR ACTIVITIES:

S. No	Name of the student	Event	State/ National/ International	Place (I/II/III) (Winner/ Runner)	Year
1	Navya Ravindra Kumar	Poetry Writing, Language Association, Ethiraj College for Women, Chennai	State	III	2017-2018
2	Navya Ravindra Kumar	Essay Writing in Language Association, Ethiraj College for Women, Chennai	State	II	2017-2018
3	Tejal Khandelwal	Product Packaging Idara 18, Ethiraj College for Women, Chennai	State	II	2018-2019
4	Sabahath Fathima. A	Product Packaging Idara 18, Ethiraj College for Women, Chennai	State	II	2018-2019
5	Rahimunisa Begum H	Cooking competition in Nutriutsav '18, MMM College and Hospital, Chennai	State	II	2018-2019
6	Uzma Farheen K	Blind fold make-up L'aube 18, Ethiraj College for Women, Chennai	State	I	2018-2019

7	Prithvi. G	Sensory Analysis SRM University, Katankulathur	State	I	2018-2019
8	Meenalochini S	Sensory Analysis	State	II	2018-2019

		SRM University, Katankulathur			
9	Kuralarasi	T-Shirt Painting SRM University, Katankulathur	State	II	2018-2019
10	K. Krishnapriya	Quiz Sri Ramachandra Medical University, Porur	State	II	2018-2019
11	K. Krishnapriya	Paper Presented on the topic 'Proximal and Phytochemical analysis of wild jack fruit seeds, anti- diabetic and anti- microbial properties and formulation of food products', Central Council of Research in Siddha, Chennai.	National	I	2018-2019
12	Sindhuja. M	Innovative Food Product Development, Dept of Commerce, Ethiraj College for Women, Chennai	International	I	2018-2019
13	Navya Ravindra kumar	Poster Making The Formula Clinic	State	I	2019-2020
14	Navya Ravindra kumar,	What's New in Microfest '19, Ethiraj College for Women, Chennai	State	II	2019-2020
15	Megha Dharmesh	What's New in Microfest '19, Ethiraj College for Women, Chennai	State	II	2019-2020
16	Hemasree C	What's New in Microfest '19, Ethiraj College for Women, Chennai	State	II	2019-2020
17	Uzma Farheen K	Poster Making ICDS Breastfeeding Week	State	III	2019-2020
18	Payal C	Dumb Charades in Hindi Association Ethiraj College for Women, Chennai	State	II	2019-2020

19	Payal C	Slogan Writing, SDNB Vaishnav College for Women, Chennai	State	I	2019-2020
----	---------	-------------------------------------------------------------------	-------	---	-----------

20	Payal C	Ras Navras (Acting), SDNB Vaishnav College for Women, Chennai	State	II	2019-2020
21	Nivethaa D	Quiz, Dept of Biochemistry, DG Vaishnav College, Chennai	State	I	2019-2020
22	Sonie Sait	Quiz, Dept of Biochemistry, DG Vaishnav College, Chennai	State	I	2019-2020
23	Uzma Farheen K	e-poster presentation, Dept of Biochemistry, DG Vaishnav College, Chennai	State	I	2019-2020
24	Veishnavi R	Quiz, Dept of Biochemistry, DG Vaishnav College, Chennai	State	II	2019-2020
25	Sanskriti J	Quiz, Dept of Biochemistry, DG Vaishnav College, Chennai	State	II	2019-2020
26	S.Priyadarshini	Taste buds in Dept of Food Processing Engineering, SRM Institute of Science and Technology, Chennai	State	II	2019-2020
27	Kalva Joshna Madhuri	Food Quiz in Dept of Food Processing Engineering, SRM Institute of Science and Technology, Chennai	State	III	2019-2020
28	Gayathri K	Food Quiz in Dept of Food Processing Engineering, SRM Institute of Science and Technology, Chennai	State	III	2019-2020
29	Veishnavi R	Quiz, National Science Day,	State	III	2019-2020

		Ethiraj College for Women, Chennai			
30	Sanskriti J	Quiz, National Science Day, Ethiraj College for Women, Chennai	State	III	2019-2020
31	J Jeywanthi	Spoken word Poetry, Aarambh-Inter departmental Culturals, Ethiraj College for Women, Chennai	Regional	I	2020-2021

PLACEMENT DETAILS:

Year	Field of Profession and Designation	Number of students
2016-2017	Hospitals – Dietitian	3
	Clinical Laboratories – Hexagon Nutrition	2
2017-2018	Hospital – Dietitian	1
2018-2019	Hospital – Dietitian	1
	Ronic Solu Tech - Medical Transcriptionist	1
2019-2020	Fitness Clinic – Nutritionist	2
2020-2021	Fitness Clinic – Nutritionists	2