## Lavanya G.

Name : Lavanya G.

Qualification : M. Sc. Counseling & Guidance/Advanced

Organizational Behavior, M. Phil., NET

Designation : Assistant Professor

Years of Experience : UG: 1 year 5 months PG: 1 year 5 months
Previous Experience : UG: 8 years 9 months PG: 2 years 8 months

Area of Specialization : Applied Psychology, Positive Psychology

Email-ID : lavanya g@ethirajcollege.edu.in



### **MEMBERSHIP**

| S. NO. | DETAILS  | STATE/NATIONAL/<br>INTERNATIONAL |
|--------|--|----------------------------------|
| 1.     | Life Member - The Indian Academy of Applied Psychology (IAAP) Enrollment No.: 1707       | National                         |
| 2      | Life Member - Indian School Psychology Association (INSPA) Membership No.: AM/2022/11216 | Noational                        |

### **WORKSHOPS**

| S.<br>NO. | ORGANIZED BY  | STATE/NATIONAL/<br>INTERNATIONAL | ТОРІС   | DATE(S)                             |
|-----------|---|----------------------------------|---|-------------------------------------|
| 1         | Om Chaitanya Trust & Chaitanya Trust<br>Centre            | State                            | AutisCon 2022<br>(Event on Autism<br>Awareness) | 01.12.202                           |
| 2         | Fortis Department of Mental Health and Behavioral Science | National                         | Introduction to<br>Fashion<br>Psychology        | 27.07.202                           |
| 3         | SAMARTH & Schizophrenia Research Foundation               | National                         | Instrument<br>Development                       | 13.11.201<br>8 to<br>14.11.201<br>8 |

# CONFERENCES ATTENDED / PRESENTED PAPER

| S.<br>NO. | ORGANIZED<br>BY   | STATE/NATIONAL/<br>INTERNATIONAL | PARTICIPATED<br>/ PRESENTED | TITLE   | DATE(S)                       |
|-----------|---|----------------------------------|-----------------------------|---|-------------------------------|
| 1         | Dept. of Psychology, Ethiraj College for Women in Collaboration with Clinical Psychology Society of India             | National                         | Panel Member-<br>Discussion | Mental Health and<br>Wellbeing - Global<br>Priority:<br>"Enhancing Quality<br>of Life, Saying NO<br>to suicide"           | 10/10/2022                    |
| 2         | IQAC Christ Nagar College, Trivandrum with Assumption University of Thailand and Professional Psychologists of Kerala | International                    | Presented                   | Positive Parenting. Student Engagement in E-Learning, Academic Self-Efficacy and Career Anxiety Among Final Year Students | 23/02/2022<br>&<br>24/02/2022 |

| 3  | University of Madras with Indian School Psychology Association (InSPA)               | International | Presented | Influence of Online Teaching Satisfaction, Work-Life Balance on Burnout Among Teachers during Online Teaching | 06/01/2022<br>to<br>08/01/2022 |
|----|--|---------------|-----------|---|--------------------------------|
| 4  | University of<br>Madras  | International | Presented | Teachers and Parents Perception on Student Engagement and their Well-Being                                    | 01/03/2019<br>to<br>03/03/2019 |
| 5  | Anugraha Institute of Social Sciences  | International | Presented | Influence of Covid<br>Factors on Student<br>Engagement  | 8/02/2019<br>to<br>10/02/2019  |
| 6  | University of Madras & Rajiv Gandhi National Institute of Youth Development (RGNIYD) | International | Presented | Perceived Parental Expectation, Behavioral Problems on Student Engagement Among Adolescents                   | 15/03/2018<br>to<br>17/03/2018 |
| 7. | Department of Psychology Pondicherry University                                      | International | Presented | Awareness on Child<br>Sexual Abuse<br>Among Parents and<br>Teachers   | 16/02/2018<br>to<br>18/02/2018 |
| 8. | Mysuru University and Indian School Psychology Association                           | International | Presented | Resilience, Covid<br>and Student<br>Engagement  | 09/11/2017<br>to<br>11/11/2017 |

| 9. | Pondicherry<br>University | International | Presented | Self-Efficacy, Job Affective Wellbeing, Work Locus of Control Among Hotel Employees | 06/08/2016<br>to<br>08/08/2016 |  |
|----|---------------------------|---------------|-----------|---|--------------------------------|--|
|----|---------------------------|---------------|-----------|---|--------------------------------|--|

## **CERTIFICATE COURSES /VALUE ADDED COURSES**

| S. NO | OFFERED BY               | ТОРІС                                | DURATION     |
|-------|--------------------------|--------------------------------------|--------------|
| 1.    | CDA Career Development   | International Certified Career Coach | 26/03/2021 & |
|       | Alliance (USA) & Mindler | Program (Foundation Level -1)        | 27/03/2021   |

## **BOOK/JOURNAL PUBLICATIONS**

| S.<br>NO. | BOOK/JOURNAL<br>NAME  | UGC<br>/SCI/SCIE/<br>WOS | ISBN/I<br>SSN<br>NO.              | REFERENCE  | DATE OF<br>PUBLICATIO<br>N/DOI |
|-----------|---|--------------------------|-----------------------------------|--|--------------------------------|
| 1.        | Journal of Positive<br>School Psychology  | SCOPUS                   | ISSN<br>2717-7<br>564             | Challenges of Online Teaching in India: A Qualitative Approach                           | April 2022                     |
| 2         | Future of Mental Health: Importance of Integrated Approach(Selected Papers of the International Conference) Edited by Lawerence Soosainathan Book |                          | ISBN<br>978-93-<br>5382-0<br>90-9 | Influence of Covitality Factors on High School Student's Engagement Behavior Pg.190-200. | 2019                           |



| S. NO. | ORGANIZED BY  | STATE/NATIONAL / INTERNATIONAL | ТОРІС  | DATE(S)                            |
|--------|---|--------------------------------|--|------------------------------------|
| 1.     | COMMONWEALTH Of LEARNING  | International                  | Understanding Open Educational (OER) Self-learning Online course               | 10.01.2023                         |
| 2.     | Internal Quality Assurance Cell (IQAC) & Department of Psychology Shri Shankarlal Shasun Jain College for women Chennai                                 | International                  | Revamping Perspectives: A Cognitive and Behavioral Outlook to Teaching (7days) | 7th February to 12th February 2022 |
| 3.     | TamilNadu Teachers Education University Research and Development Center & IQAC in Collaboration with Sri Sarada College of Education (Autonomous) Salem | National                       | Fundamentals of Educational Research (7days Virtual Short-term)                | 11/07/2020<br>to<br>17/07/2020     |
| 4.     | Tamil Nadu Teachers Education University<br>in Collaboration with Department of<br>Education Bharathidasan University                                   | International                  | Outcome<br>Based<br>Curriculum   | 01/09/2020<br>to<br>05/09/2020     |
| 5      | UGC-Academic Staff College Orientation<br>Programme - in University of Madras   | National                       | Academic Staff Orientation Program   | 02.09.2012<br>to<br>29.09.2011     |

## WEBINARS [National/International]

| S. NO. | ORGANIZED<br>BY                                      | STATE/NATIONAL / INTERNATIONAL | ТОРІС   | DATE(S)    |
|--------|--|--------------------------------|---|------------|
| 1.     | University of<br>Madras                              | International                  | Empathy Building and Emotional Regulation                       | 29/07/2020 |
| 2.     | Department of Clinical Psychology Mizoram University | International                  | Positive Supervision  | 07/07/2020 |
| 3.     | Department of Psychology Mizoram University          | International                  | Managing stress and<br>Relationship during<br>Covid-19 Pandemic | 22/06/2020 |

### **AWARDS**

• M. Phil. – 1<sup>st</sup> Rank (Gold Medalist)

### **OTHERS**

- Delivered a guest lecture on **Employee Counseling** addressing M.com students in the Department of Commerce (Self Supportive) Ethiraj College for Women on 18.11.2022.
- Served as Organizing committee member in National Symposium on **Mental Health** and **Well-being A Global priority** conducted by Ethiraj College for Women in Collaboration with Clinical Psychology Society of India on 10.10.2022

- Panel Member in conducting UPSC Civil Service **Personality Test** 2021 Mock Interview for Main Exam Cleared Candidates held on 23.04.2022 by Manithaneyam Free IAS ACADEMY.
- Resource person to deliver a lecture on "Personality Development" for Green Skill Development Program (Advance course in Para-Taxonomy) students conducted at Madras Christian College with ENVIS HUB, Department of Environment, Government of TamilNadu on 17th January 2022
- Resource Person for Department of Psychology, University of Madras, Chennai for the topic "Team Building" on 21st December 2021.
- Resource Person for Department of Psychology, Shri Shankarlal Sundarbai Shasun Jain College, for the topic "Brain and Behavior", on 20<sup>th</sup> September 2019.
- Resource Person for Department of Psychology, University of Madras, on the topic "Understanding Need and Importance of Character Strength", on 12<sup>th</sup> July 2019.
- Resource Person at Dr. MGR Institute of Special Education and Research, for TNOU B. Ed. Special Education Staff on "Multiple Intelligence and Classroom Management" on 4<sup>th</sup> May, 2019.