# Shruthi Kothari

Name : Shruthi Kothari Qualification : M. Sc. Psychology

(Clinical Psychology),NET

Designation : Assistant Professor

Years of Experience : UG: 5 Months PG: 5 Months

Area of Specialization :Cognitive Psychology, Basic Psychology

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### **SEMINARS**

S. NO.	ORGANIZED BY	STATE/NATIONAL/ INTERNATIONAL	ТОРІС	DATE(S)
1.	Ethiraj College for Women in Collaboration with Clinical Psychology Society of India	National	Mental Health and Well-Being	10 October 2022
2.	Christ (Deemed to be University), Bangalore	International	International Conference on Multidisciplinary Approaches to Nurturing Children and Youth	12-14th December, 2019
3.	MOP Vaishnav College	State	Case Analysis and Practical Application of Concepts	28 <sup>th</sup> February, 2018
4.	Madras Medical College	State	MMC Andrology Workshop	23 <sup>rd</sup> -24 <sup>th</sup> September, 2017

5.	Women's Christian College	International	Gender Dynamics: Evolving Synergies	29 <sup>th</sup> and 30 <sup>th</sup> June, 2016
6.	CII- Young Indians (Chennai Chapter)	State	Winning Edge	2016-2017

# CONFERENCES ATTENDED / PRESENTED PAPER

S. NO.	ORGANIZED BY	STATE/NATIONAL/ INTERNATIONAL	PARTICIPATED / PRESENTED	TITLE	DATE(S)
	Department Of Psychology, Ethiraj College for Women in Association with Clinical Psychology Society Of India	National	Participated	Mental Health and Well-being- A Global Priority	10/10/202
2.	Christ (Deemed to be University), Bangalore	International	Presented	Impact of Social-Emoti onal Learning (SEL) intervention on Emotional Intelligence of Adolescents	12-14 December, 2019
3.	Women's Christian College	International	Participated	Gender Dynamics: Evolving Synergies	29-30 June, 2016

4.	Christ (Deemed	International	Participated	Counselling,	3-6 <sup>th</sup>
	to be			Psychothera	January,
	University),			py and	2019
	Bangalore &			Wellness	
	Ontario				
	Institute for				
	Studies in				
	Education				

# **CERTIFICATE COURSES /VALUE ADDED COURSES**

S. NO.	OFFERED BY	TOPIC	DURATION
1.	Christ (Deemed to be University), Bangalore	Value Added Course in Psychoanalytic Studies	2018-2019
2.	SDS Institute of Behavioural Sciences, Chennai	Cognitive Behaviour Therapy	July 2017- September 2017
3.	Believer's School of Education	Certificate Course in Dyslexia	August 2015- December 2015
4.	Christ (Deemed to be University) in collaboration with Miami University	Cultural Competence and Evidence-Based Practice	December 2018- March 2019
5.	Sishu Vikas ,Thrive Foundation, Chennai	Fellowship	July 2017 to March 2018

#### **JOURNAL PUBLICATIONS**

S. NO.	JOURNAL NAME	UGC /SCI/SCIE/ WOS	ISBN/ISSN NO.	REFERENCE	DATE OF PUBLICATION/DOI
1.	Indian Journal of Social Psychiatry	UGC	ISSN 0971-9962	Kothari S, Wesley MS (2020). Impact of social-emotiona I learning intervention on emotional intelligence of adolescents. Indian J Soc Psychiatry 2020;36:303-9.	31-12- 2020 Volume 36 Issue 4 DOI: 10.4103/ijsp.ijsp_28_20

#### **AWARDS**

# a) Academic

- Receiver of Dr. Mahalingam Medal and Prize for the highest academic achievement in the undergraduate course in psychology, Women's Christian College, batch of 2018.
- 2. Receiver of Dr. Mrs. Anjala Richard Prize for the best student of Practical I & II.
- 3. Completed a value added course in Psychoanalytic Studies conducted by Department of Psychology during 2018-2019, Christ (Deemed to be University), securing grade A-.

## b) Extra-curricular

- Obtained the third place in quiz, in the National Level Psychology Fest "Stimuli 2K19", conducted by Kristu Jayanti College, Bengaluru. (18<sup>th</sup> September, 2019)
- 2. Secured the first place in quiz, organised by Indian Institute of Psychology and Research (IIPR), Bengaluru at the Intercollegiate Fest "InPsy't", (9<sup>th</sup> March, 2019).
- 3. Secured the first place in quiz and street play, organised by the Department of Psychology, Christ (Deemed to be University), 2019.
- 4. Obtained the third place in quiz, held by Ethiraj College for Women, Chennai in the intercollegiate fest, 2017.
- 5. Member of the Young Indians from June 2017 to March 2018.
- 6. Member of the Young Indians from June 2016 to April 2017.
- 7. Participated in the Yi- WCC Game Changers Volleyball tournament for Corporate Employees held on 18<sup>th</sup> February 2017, Chennai.

### **OTHERS:**

• Member of the Organizing committee for the National Symposium on Clinical Psychology, organized by the Department of Psychology, Ethiraj College for Women in collaboration with Clinical Psychology Society of India, held on 10 October 2022.