

ACTIVITIES

S.No	Date of the Event	Title of the Workshop/Seminar/Webinar/FDP	Category (National/International/State)	Name of expert(s) invited along with name of Institution(s)
1.	18.10.2021	Webinar-World Food Day Celebrations in association with NSI Chennai-“NutriGarden for optimum Nutrition & Health”	State	Dr.Sathya -Head, Paediatrics, Chengalpattu Medical College.
2.	01.08.2021 to 07.08.2021	Breast Feeding Week Celebration-“Protect Breast feeding-a shared responsibility’-E Poster, Essay-writing, Slogan writing.	State	
3.	28.02.2021	National Science Day - e-poster making and cookery contest	State	
4.	12.03.2021	“Think Responsible Act Sustainable” – Annual Association Meet NutriFest2k21	State	Dr Priyanka Rohatgi , Chief Clinical Dietician and Head, Apollo Hospitals, Bengaluru
5.	06.03.2021	Dr. Tmt. V. Parvati Endowment Lecture “Sustainable Practices in Waste Management”	State	Mrs. Vani Murthy , Founding member of Solid Waste Management Round Table (SWMRT), Bengaluru
6.	01.09.2020 to 07.09.2020	“Eat right, bite by bite” E-poster / Food Photography.	State	-
7.	01.08.2020	“Breastfeeding to promote and preserve life.” – E poster making	State	-
8.	18.05.2020	“Eat smart – Lockdown and beyond” - Webinar	State	Ms.ShinySurendran , Consultant Sports Nutritionist
9.	09.03.2020	Women’s Day Celebration in association with NSI Chennai chapter-Guest Lecture on “Mental Health to Students”	State	Dr.R.Subhashini,Dean, Madras School of Social Work, Chennai
10.	16.10.2019	World Food Day Celebrations, “Save Food – Save the Planet”- Slogan Competition	State	
11.	03.09.2019	NutriFest2k19 – “Nutritional Anaemia- A Public Health Challenge”	State	1. Dr. P. Sudhakar Secretary, IAPCCB, Pediatrician,

		Events: Film Capsule, Poster Designing, Novel Foods, Mime Dr.Tmt.V.Parvati Endowment Lecture		Chengalpattu Govt. Medical College 2. Dr. P. Kuganatham, Consultant, Community Medicine & Infectious Disease, SRM Institute of Medical Science 3. Dr.Rajaratnam Abel, Public Health Consultant
12.	08.08.2019	Breast Feeding Celebrations in association with Indian Academy of Paediatrics		Dr.P.Sudhakar Secretary, IAPCCB,Pediatrician, ChengalpattuGovt. MedicalCollege Dr. SrideviNarayana, Pediatrician, Kilpauk Medical College Dr. Sujatha, Senior Consultant,Westminster Health Care
13.	14.07.2019	Awareness program on Nutritional Anemia among College Students-audio-visual aids	State	
14.	07.03.2019	Women's Day Celebration- "Reproductive Health Concerns of Young Women"	State	Dr.Uma Ram-Director & Consultant, Obstetrics & Gynaecology.
15.	16.09.2018	NutriFest 2018-"Food as Medicine" "Healing Foods" Dr.V.Parvathy Endowment Lecture-"Food Mood & Behaviour" Events-Cookery, Poster, Quiz	State	Dr.Radhika-Director of Guires Solution Pvt Ltd Dr.S.T.Venkateswaran, Professor & Head, Govt. Yoga & Naturopathy Medical College & Hospital Dr.Vinitha Krishnan
16.	11.12.2017	"Nutritional Regulation of Bone Metabolism"	State	Dr.DeepthaSukumar, Assistant Professor, Drexel University, USA
17.	27.11.2017	"Diet for Green Planet" "Career Guidance in the field of Nutrition"	State	Mr. Jostein Hertwig,CEO, BERAS International, Sweden Dr.Yamuna Devi, Assistant Professor, Dominican University

		Dr.V.Parvathy Endowment Lecture- ‘Artificial Foods-The True Colour’.		Chicago Dr.G.Sivaraman, Chief Siddha Hospital, Chennai.
18.	25.09.2017	“Nutrifest 2017 – 2018” - “Is the Plate Corporate Dictated?” “Is Organic Food Really Organic? Panel Discussions-“Processed Food-Boon or Bane?”	State	Mr. Ananthoo , Coordinator of Safe Food Alliance, Chennai Dr. Sultan Ahmed Ismail , Director, Eco Science Research Foundation, Chennai Dr.N.Ramasubramanian , Director,VR Food Tech Pvt Ltd Dr.P.Subash Chandra Bose , Consultant Paediatrician,SIMS Hospital, Chennai.
19.	14.09.2017	Nestle Sponsored inter Departmental cookery competition - Navarathri Special.	State	Ethiraj College for Women, Chennai.
20.	01.09.2017 – 05.09.2017	“National Nutrition Week” - Breast Feeding Awareness rally	State	Ethiraj College for Women, Chennai
21.	20.02.2017	NutriFest 2017-“Nurture Culture” Dr.V.Parvathy Endowment Lecture- “ Health and Wellness- the Food Business”	State	Dr.Velayudam , Chairman,Tamil Maruthuva Kazhagam, National Institute of Siddha Dr.Sudha Nair , CEO, Bio-Tech Park for Women, Chennai.

EXTENSION ACTIVITY

S.No	Date of the Event	Activity	Category (National / International / State)	Name of Institution(s)
1.	19.02.2020	Nutrition Education for adolescent boys and girls.	State	Government Higher Secondary school, Nemmilichery
2.	12.09.2019 - 15.09.2019	Food Safety exhibition at“National Eat Right Mela” organized by FSSAI	State	Ethiraj College for Women, Chennai in association with FSSAI in the presence of Dr.C.VijayBaskar, Health Minister, Govt. of Tamil Nadu, at Island Grounds Chennai.
3.	20.03.2019	Nutrition Education for 35 pregnant and lactating Mothers / Children Anaemia Camp-First year students of Ethiraj College	State	ICDS Center, Thousand Lights, Chennai
4.	5.03.2019	Anthropometric Assessment of 150 students of Ethiraj College for women to study the Nutritional Status	State	ICDS Poshan Abiyan Anemia camp
5.	01.03.2019	Nutrition Education for 50 Children	State	Balavihar, a home for special children at Kilpauk.
6.	08.10.2016	Guest Lecture- “Nutrition Concerns-Programming for the Future” Workshop on Sports Nutrition	State	Dr.Farhat Syed, Nutrition Officer, UNICEF Mrs.K.P.Divya, Sports Consultant, Chennai
7.	08.10.2016	Nutrition Education imparted to “Little drops old age home”- Paraniyuthur & St.Anne’s Convent Pudupet.s	State	

Nutritional Anaemia awareness as part of National Nutrition Week



Eat Right Mela conducted by FSSAI, Food Safety Department, Tamil Nadu Government at Island Grounds, Chennai- an outreach effort to the public in ensuring their well being



Outreach Programs:



SPORTS

Name of the Candidate	Games	State/National /International	Place (I/II/III or Runner-Up)	Year
Aarthy. R	Ball Badminton	District	I	2019
Anisha.U	Power Lifting	District	I	
Lavanya. B	Basket Ball	District	II	2019
Swathi. S	Junior and Senior Wushu Championship	State		2017

PLACEMENT DETAILS

Batch	No. of Students Placed	Company Name
2020-2021	1	Scientific Publishing Services, German Language Specialist
	1	Assistant Branch Postmaster
	1	Reliance Nippon life insurance
	1	Glottis, Thambu chetty Street, Chennai
	1	Pink Womens Fitness and Weight loss
	1	Pink Fitness, Ashok Nagar
	1	Pink Fitness for Women, Choolaimedu
	1	Miramed Ajuba
	1	Miramed Ajuba
2019-2020	1	Episource India Pvt. Ltd., OMR
	1	Wootu Nutrition, Anna Nagar
2018-2019	1	Episource India Pvt. Ltd., OMR
	1	Episource India Pvt. Ltd., OMR
2017-2018	1	Sana Model School
	1	Motherhood hospital
	1	S5 Health care
	1	Apollo hospital
	1	MGM Health care
	1	Gulabs
	1	Everwin Vidhyashram
	1	Maharishi Vidya Mandir
1	Victory Nursery and Primary School	

	1	Anjuman Matric.Hr.sec.school
	1	Appasamy hospital
	1	Apollo hospital
2016-2017	1	Dr. Kamashi Memorial Hospital, Chennai
	1	Guest Lecture at Periyar University, Salem
	1	WIPRO
	1	The Healthy Me
	1	K.M.Speciality Hospital, K.K.Nagar, Chennai
	1	Talentegrity Consulting services

ANY OTHER ACCOLADES:

Overall trophy in sports in the year 2016- Nil

Arambh and Maithiri overall trophy 2017 - Nil